

# **Against All Odds**



When given impossible odds, most people would just be resigned to accept them. Not Linda. She was holding out for a miracle.

Her son Trenton was 10 years old, playing football with kids in his neighborhood, when he was hit by an impaired driver. His leg was broken. But much worse than that, he had no brain activity.

"They told us if he made it he had about 72 hours [to live]," Linda says.

Days passed. 72 hours came and went. Trenton was still alive.

Doctors told her Trenton's brain likely wouldn't recover. She refused to believe it. Instead, she poured all of her energy into making sure he'd recover. She filled his hospital room with cards, chess, and checkers so he would feel at home.

"We noticed when we were there doing all of those things, his heart rate was beautiful," Linda says.

While his doctors tried to dissuade her from harboring false hope, Linda knew the changes she was seeing were nothing short of miraculous.

But weeks passed. He wasn't interacting with doctors. He still couldn't move.

Then his teacher and classmates sent him a note saying how much they missed him. When he heard the message, his mom says he smiled, opened his eyes, and tried saying his teacher's name.

He had done the impossible. He woke up.

That's when he was transferred to La Rabida. More obstacles were ahead, but he was now in the very best place to receive the treatment he needed: physical therapy and visits with our mental health experts. While our rehab team helped Trenton relearn how to walk, our psychologists helped him move forward from his trauma. He kept a journal with his thoughts.

While at La Rabida, he didn't have to go through it alone. He and another patient at the time, Derrick, became fast friends, and would spend their days hanging out together in the Child Life Pavilion. His family formed a special bond with his former doctor who often went out of her way for Trenton, even gifting him insoles for his shoes so he wouldn't have to walk with a limp.

Despite his trauma, Trenton says his memories of La Rabida are only happy ones.

When he was finally discharged he was walking again with a cane. He could talk and was also using his hands well. He transitioned right back to school.

Now in college and on the Dean's List at Governor's State University, Trenton is a monthly donor to La Rabida. When he heard his mom was making her annual donation to the hospital, he told her he wanted to do something, too. He's been giving ever since.

"I want the La Rabida staff and the La Rabida patients to know that it is important to be there for one another," Trenton says.

# **New Behavioral Health Leadership**



We welcome Austa Murray, our new Executive Director of Behavioral Health. For more than 15 years she was the Director of Integrated Assessment. She's a licensed clinical social worker (LCSW), who has more than 22 years of experience working with children, adults and families struggling with trauma and mental health. She is notable for her work in training and practice, specifically within reflective supervision and trauma-informed systems of care.

#### **Do You Believe in Miracles?**



# Believe in Miracles. Believe in La Rabida. **#BelieveinMiracles**

We do. We'll be launching a social media fundraiser for Giving Tuesday, highlighting the miracles surrounding us at La Rabida: our miracle patients and our miracle workers. Thanks to a generous match, your donation can mean even more. Make sure you're following us on Facebook, Instagram, Twitter and TikTok to stay updated on our holiday campaign.

# Are you 70<sup>1</sup>/<sub>2</sub> or older? Do you have a Donor **Advised Fund (DAF)?**

If so, we would love to talk with about either making a rollover distribution to benefit La Rabida or a distribution from your DAF. For IRAs, you can rollover your required minimum distribution and not have that transfer count toward your taxable income. V

For Donor Advised Funds, you can recommend a grant to benefit La Rabida Children's Hospital directly from your administrator.



### **Thanks for Celebrating with Us**







Thank you to everyone who helped make our biggest fundraiser of the year a success on Nov. 17 at the Ritz-Carlton. At the Friends of La Rabida Awards Celebration, we raised more than \$750,000 and welcomed friends - old and new - to join in our mission of raising possibilities for all our patients.

#### La Rabida in the News



#### Ghostbusters pay a visit to children at Chicago's La Rabida Children's Hospital

#### FOX 32

There was something strange in our neighborhood this Halloween. We welcomed the Windy City Ghostbusters back to La Rabida for spooky season. They even brought along a life-sized Marshmallow Man which was posted up outside the outpatient clinic, and an impressive Slimer puppet. Patients received free Halloween costumes thanks to Spirit of Children... https://www.fox32chicago.com/video/1135877?bblinkid=264759339& bbemailid=43788144&bbejrid=-1780643586



### **Chicago Child Trauma Center Director Advises Journalists on Gun Violence**

ASSOCIATION OF HEALTHCARE JOURNALISTS

Theresa Valach, the Director of the Chicago Child Trauma Center, presented at a conference in October sponsored by the Association of Health Care Journalists. The topic was reporting on violence as a public health issue. Valach shared insights with reporters on how exposure to chronic violence impacts children... https://healthjournalism.org/blog/2022/11/experts-who-work-with-childrenaffected-by-gun-violence-say-coverage-lacks-nuance/?bblinkid=264759424& bbemailid=43788144&bbejrid=-1780643586

