This model of behavioral health treatment benefits our patients and families in a number of ways. Through routine physical therapy, Calliope has started to build up her strength. Once relying on a walker, Calliope is now able to walk all on her own. "The neurologist showed me the big spot on her brain, and he said that she wouldn’t be able to walk at all," shared Isabella, Calliope’s mom. "Little did I know that it was just the beginning of her journey to walk again." Over time, Isabella began to notice something about Calliope. "We found that she wasn’t really using the left side of her body," said Isabella. That’s when Dr. Jane Talley, a neurologist at La Rabida, suggested that Calliope see a physical therapist. Isabella agreed and brought Calliope to La Rabida. Calliope began seeing physical therapist and made a transfer to a new physical therapist. She was able to walk on her own. "It’s been a miracle," said Isabella. "I never thought I would see this. It’s amazing." 

As a result of the recent developments that have paved the way to support the needs of all children and families, we can maintain and increase the access to care for some, this one visit makes care more manageable. Our "one-stop shopping" approach to healthcare allows us to increase the access to care for more children and families. By combining appointments into one visit, our families can see all their clinicians in a single trip. Because many families have evolving schedules and transportation can be a challenge for some, this one visit makes care more manageable. The integration reduces the stigma surrounding behavioral health treatment. Because a child will be able to reach the level they need to be at, but for some, this one visit makes care more manageable.

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The Benefits of Integrated Behavioral Health Treatment

Did you know that almost a million children under the age of five are at risk for developmental delays? La Rabida is dedicated to helping children and families overcome these challenges. Over the past year La Rabida has focused on expanding the reach of our integrated behavioral health services. The ultimate goal of integration is to eliminate the boundaries between medical and behavioral health care. By providing behavioral health care to children during their medical appointments and in provider settings, we are able to normalize emotional and behavioral health care. Our overarching goal is to eliminate barriers between medical and behavioral health care. By providing behavioral health care to children during their medical appointments and in provider settings, we are able to normalize emotional and behavioral health care.

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The Benefits of Integrated Behavioral Health Treatment

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