Healthy Food Resources

**Farmers Markets:**

A list of the city’s farmers markets for can be found by day at [Chicago.gov](http://Chicag.gov). The website includes information such as hours, days the markets are open, and if Link/SNAP is accepted. Additional information can be found by calling 311.

**Imperfect Foods:**

Imperfect Foods is food delivery service that provides a customizable box of fresh grocery items to your doorstep for 30% less than supermarket prices. They service Chicagoland and Northern Indiana. Boxes can be ordered weekly or every 2 weeks. Individuals must have a have a valid credit or debit card, email address, and internet access to qualify. Link/ SNAP/WIC beneficiaries qualify for 33%-50% off their boxes via the application link below. For 50% off your first box use the promo code: LARABIDA50

[www.imperfectfoods.com/reduced-cost-box](http://www.imperfectfoods.com/reduced-cost-box)

**Additional Resources:**

Food banks, pantries, and meal programs are offered year-round in Illinois. To find resources in your area contact the toll free-hotlines to the left. These programs also provide services related to food stamps, health insurance, child support, and more. You may also visit their websites at

- [Ilhunger.org](http://Ilhunger.org)
- [Chicagosfoodbank.org](http://Chicagosfoodbank.org)